



ERECTILE FUNCTION QUESTIONNAIRE

Answer the following 15 questions and find out where your male health is heading. Please answer the questions as honestly and clearly as possible.*

**Definitions:*

Sexual activity includes intercourse, caressing, foreplay and masturbation

Sexual intercourse is defined as vaginal penetration of the partner (you entered the partner)

Sexual stimulation includes situations like foreplay with a partner, looking at erotic pictures, etc.

Ejaculate is defined as the ejection of semen from the penis (or the feeling of this)

Question 1/15

How often were you able to get an erection during sexual activity?

- 0 No sexual activity
- 1 Almost never or never
- 2 A few times (less than half the time)
- 3 Sometimes (about half the time)
- 4 Most times (more than half the time)
- 5 Almost always or always

Question 2/15

When you had erections from sexual stimulation, how often were your erections hard enough for penetration?

- 0 No sexual activity
- 1 Almost never or never
- 2 A few times (less than half the time)
- 3 Sometimes (about half the time)
- 4 Most times (more than half the time)
- 5 Almost always or always

Question 3/15

When you attempted intercourse, how often were you able to penetrate (enter) your partner?

- 0 Did not attempt intercourse
- 1 Almost never or never
- 2 A few times (less than half the time)
- 3 Sometimes (about half the time)
- 4 Most times (more than half the time)
- 5 Almost always or always

Question 4/15

During sexual intercourse, how often were you able to maintain your erection after you had penetrated (entered) your partner?

- 0 Did not attempt intercourse
- 1 Almost never or never
- 2 A few times (less than half the time)
- 3 Sometimes (about half the time)
- 4 Most times (more than half the time)
- 5 Almost always or always

Question 5/15

During sexual intercourse, how difficult was it to maintain your erection to completion of intercourse?

- 0 Did not attempt intercourse
- 1 Almost never or never
- 2 A few times (less than half the time)
- 3 Sometimes (about half the time)
- 4 Most times (more than half the time)
- 5 Almost always or always

Question 6/15

How many times have you attempted sexual intercourse?

- 0 No attempts
- 1 Almost never or never
- 2 A few times (less than half the time)
- 3 Sometimes (about half the time)
- 4 Most times (more than half the time)
- 5 Almost always or always

Question 7/15

When you attempted sexual intercourse, how often was it satisfactory for you?

- 0 Did not attempt intercourse
- 1 Almost never or never
- 2 A few times (less than half the time)
- 3 Sometimes (about half the time)
- 4 Most times (more than half the time)
- 5 Almost always or always

Question 8/15

How much have you enjoyed sexual intercourse?

- 0 No intercourse
- 1 No enjoyment at all
- 2 Not very enjoyable
- 3 Fairly enjoyable
- 4 Highly enjoyable
- 5 Very highly enjoyable

Question 9/15

When you had sexual stimulation or intercourse, how often did you ejaculate?

- 0 No sexual stimulation or intercourse
- 1 Almost never or never
- 2 A few times (less than half the time)
- 3 Sometimes (about half the time)
- 4 Most times (more than half the time)
- 5 Almost always or always

Question 10/15

When you had sexual stimulation or intercourse, how often did you have the feeling of orgasm or climax?

- 0 Almost never or never
- 1 A few times (less than half the time)
- 2 Sometimes (about half the time)
- 3 Most times (more than half the time)
- 4 Almost always or always

Question 11/15

How often have you felt sexual desire?

- 0 Almost never or never
- 1 A few times (less than half the time)
- 2 Sometimes (about half the time)
- 3 Most times (more than half the time)
- 4 Almost always or always

Question 12/15

How would you rate your level of sexual desire?

- 0 Very low or none at all
- 1 Low
- 2 Moderate
- 3 High
- 4 Very high

Question 13/15

How satisfied have you been with your overall sex life?

- 0 Very dissatisfied
- 1 Moderately dissatisfied
- 2 Equally satisfied & dissatisfied
- 3 Moderately satisfied
- 4 Very satisfied

Question 14/15

How satisfied have you been with your sexual relationship with your partner?

- 0 Very dissatisfied
- 1 Moderately dissatisfied
- 2 Equally satisfied & dissatisfied
- 3 Moderately satisfied
- 4 Very satisfied

Question 15/15

How do you rate your confidence that you could get and keep an erection?

- 0 Very low
- 1 Low
- 2 Moderate
- 3 High
- 4 Very high

All items are scored in 5 domains as follows:

Domain	Items	Range	Score Max Score
Erectile Function	1, 2, 3, 4, 5, 15	0-5	30
Orgasmic Function	9, 10	0-5	10
Sexual Desire	11, 12	0-5	10
Intercourse Satisfaction	6, 7, 8	0-5	15
Overall Satisfaction	13, 14	0-5	10

Quiz Results

I. **Erectile function** total scores can be interpreted as follows:

Score	Interpretation
0-6	Severe dysfunction
7-12	Moderate dysfunction
13-18	Mild to moderate dysfunction
19-24	Mild dysfunction
25-30	No dysfunction

II. **Orgasmic function** total scores can be interpreted as follows:

Score	Interpretation
0-2	Severe dysfunction
3-4	Moderate dysfunction
5-6	Mild to moderate dysfunction
7-8	Mild dysfunction
9-10	No dysfunction

III. **Sexual desire** total scores can be interpreted as follows:

Score	Interpretation
0-2	Severe dysfunction
3-4	Moderate dysfunction
5-6	Mild to moderate dysfunction
7-8	Mild dysfunction
9-10	No dysfunction

IV. **Intercourse satisfaction** total scores can be interpreted as follows:

Score	Interpretation
0-3	Severe dysfunction
4-6	Moderate dysfunction
7-9	Mild to moderate dysfunction
10-12	Mild dysfunction
13-15	No dysfunction

V. **Overall satisfaction** total scores can be interpreted as follows:

Score	Interpretation
0-2	Severe dysfunction
3-4	Moderate dysfunction
5-6	Mild to moderate dysfunction
7-8	Mild dysfunction
9-10	No dysfunction